

Curanderismo: Traditional Medicine without Borders

2026 Summer Institute



DEPARTMENT OF
CHICANA &
CHICANO STUDIES



Curanderismo@unm.edu



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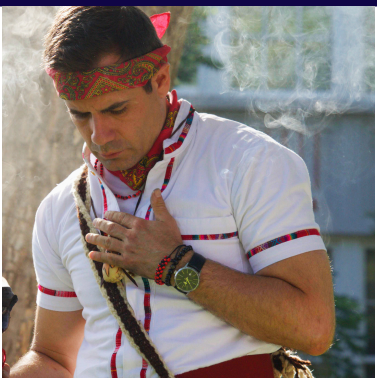
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As you read this document, please keep in mind the following definitions. Only use information applicable to you.

- **Student:** A degree-seeking individual admitted into a university program with a student ID number.
- **Community member:** An individual who is not admitted into an academic program at the university. E.g. A community member enrolled in the summer curanderismo class through continuing education. * Individuals who take classes through continuing education are not UNM students.
- **Guest speaker:** A person invited as a guest to share knowledge in a class/event at the university invited by a faculty member.
- **Faculty:** Leader of a class, conference, and curricular activities in a specific discipline. Responsible for leading teaching, research, dissemination of scholarship, conferences, creation of academic curriculum and leading study abroad programs.

It's not just a class. It's an experience.

This course invites instructors who are healers and health practitioners from Mexico, Central America, South America, the U.S. Southwest and the Albuquerque community to provide information on the history of Curanderismo (the art of Mexican Folk Healing) in Latin America and the United States. This course will provide information on the history, traditions, rituals, herbs, and remedies of Curanderismo, a folk healing tradition of the Southwestern United States, Latin America, and Mexico, amongst other countries. The course explores how our ancestors used traditional methods for healing, how they've shaped our cultural diversity of the past and today, current trends in traditional healing practice in the U.S. and abroad, and what the future might look like for this medicine. The course features teachings from various aspects such as: intestinal blockage (empacho), spiritual cleansings (limpias), laugh therapy (risa terapia), shawl alignments (manteadas) and preparation of medicinal teas (tes medicinales), tinctures, liniments and uses of herbal medicine. This course also explores an integrative approach to medicine and featuring demonstrations that incorporate Curanderismo with various traditional and holistic health techniques.

Disclaimer: This course, and the material provided, are designed for information purposes only. This class is not meant to train, certify, and/or substitute the advice, diagnoses, and/or treatment of any medical condition. Please consider professional assistance for any personal needs.

For more information on the class please email:
curanderismo@unm.edu

It's not just a class. It's an experience.

Course Goals

- 1.** Explain how to use plants as herbal medicine using food as medicine, bundles for cleansing, liniments, poultices, tinctures, and incense.
- 2.** Explore different traditional hands-on techniques and their impact on body ailments such as sobadas (loving touch) and traditional massage.
- 3.** Appraise the positive effects involved in ceremonies for honoring the directions, the elements, and the loved ones.
- 4.** Describe the therapeutic benefits of the sweat lodge temazcal for the body, the emotions and the spirit as well as the medicine of the drum and how they can transform a person's life.
- 5.** Compare different tools and culturally significant elements employed in spiritual/energetic cleansings limpiezas.
- 6.** Analyze the different techniques used in Curanderismo to treat vulnerable populations: the elderly, infants, and pregnant women emphasizing physical treatments to adjust the spine and correct the baby's position in the womb.
- 7.** Appraise the Mexican tradition of Day of the Dead and its effects in honoring and healing grief caused by the passing of loved ones.



It's not just a class. It's an experience.

Curanderismo: Traditional Medicine without Borders Summer Institute

The Curanderismo Summer Institute offers two separate classes:

- **A face-to face** class is offered in the month of June. This is the only class offered in June.
- **A live online** class is offered in the month of June and/or July. This is the only online class offered in the summer.
- There are **additional activities** on-campus and off-campus such as afternoon workshops, community events, sweat lodge experiences. These events are organized in collaboration with local practitioners. These events are not part of the Curanderismo class but additional optional activities available to the community. Workshops and events may ask for donations.

Curanderismo: Traditional Medicine without Borders Summer Institute

2-week Face-to-Face Class June 1-12, 2026

The Curanderismo Summer Institute offers a face-to-face class in June:

- Dates for 2026 are June 1-12 from 8:30 a.m. to 1 p.m. Monday through Friday.
- Sessions are held in Anthropology Building #163 (Please see Campus map. It is building #11 in the map)
- 4.5 Continuing Education Units are offered.
- Curanderos/as from over the world gather and teach us about their traditional practice and their communities.
- Register in Continuing Education. **Registration is open to the general public.**

Curanderismo: Traditional Medicine without Borders Summer Institute

2 Forms of Registration for the 2-week Face-to-Face Class June 1-12, 2026

The Curanderismo Summer Institute offers two ways to register for the face-to-face 2 week class in June:

- **As a class:** Register as a class if you want to take the full 10 days of instruction. The option that does not show the word "conference". **4.5 CEUs** offered.
- **As a conference:** Register as a conference (3-day conference) if you are a scholar, researcher, working professional, student who needs to provide documentation of conference registration /attendance for funding or employer requirement purposes (only **1.35 CEUs** offered under this option).
- Register in Continuing Education. **Registration is open to the general public.**

Curanderismo: Traditional Medicine without Borders Summer Institute

3-week Live Online Class June 23 - July 9, 2026

The Curanderismo Summer Institute offers a live online class in July:

- Dates for 2026 are June 23rd - July 9th, 3 days a week, Tuesdays, Wednesdays and Thursdays. There will be two 1-hr sessions each day. The first live session is at 10 a.m. and the second one is at 2 p.m. (NM Mountain time).
- Presentations include demonstrations, lectures, and questions to the curandero/as.
- Please keep in mind the difference between your local time and Mountain time where Albuquerque, New Mexico is located.
- Sessions are recorded and made available to students for up to 2 weeks after the course conclusion.
- **1.8 Continuing Education Units** are offered.
- Register in Continuing Education. **Registration is open to the general public.**

Curanderismo: Traditional Medicine without Borders Summer Institute

Optional Afternoon Workshops & Community Events

The Curanderismo Summer Institute collaborates with local practitioners to offer additional activities for the community.

- **Afternoon Workshops.** There will be from 3-5 workshops on-campus starting at 2 p.m. most days. Most workshops are 2-3 hrs.
- **Traditional Health Fair.** There will be a traditional health fair on campus as part of the class (see schedule). Later in the day, the traditional health fair is open to the general public.
- **Community Events.** There may be workshops in off-campus locations. E.g., at community centers, clinics, Native American communities, etc..
- **Sweat Lodge Ceremonies.** In the town of Bernalillo, 20 mins north of Albuquerque, and other locations there will be sweat lodges ceremonies open to the public.

Workshops and events may ask for donations.

Curanderismo: Traditional Medicine without Borders Summer Institute

Optional Afternoon Workshops & Community Events

Some workshops and sweat lodge experiences require prior registration. The calendar, location, and registration instructions for activities, both on-campus and off-campus, will be posted in our website:

Curanderismo.unm.edu

Curanderismo: Traditional Medicine without Borders Summer Institute

Curanderismo Study in Oaxaca May & August 2026

Registration is open for the Curanderismo Immersion Program in Oaxaca, Mexico in May & August 2026. This is a study program in Oaxaca, Mexico. This program includes lectures, demonstrations, practice sessions, sweat lodge ceremonies and visits to curandero/a villages. This program is open to the general public on a first come first serve basis. This is a program with a 17 student capacity. For personal enrichment. No CEUs or college credit offered at the moment.

For registration or more details, send an email to: curanderismo@unm.edu or visit curanderismo.unm.edu

Curanderismo: Traditional Medicine without Borders Summer Institute

Parking & Transportation

Parking options are available on-campus and off-campus.

- There are no free parking options on or near the UNM campus.
- For parking lots on-campus with a letter (M, C, E, etc..) You will need a parking pass to park.

Contact the UNM Parking & Transportation services if you wish to purchase a parking pass (Purchase two 1-week passes for Parking Lot C). Mention you will be attending the Curanderismo Summer Class. Prices vary. We will also have a link in our website as soon as we receive from UNM PATS.

Phone: 505-277-1938

Email: parktran@unm.edu

Curanderismo: Traditional Medicine without Borders Summer Institute

Parking & Transportation

There are parking spaces available around campus that use a meter and charge an hourly rate. You can park in any of those on the first day. We recommend purchasing a pass (Lot C) since it is more affordable by contacting the UNM Parking office.

- There are multiple private parking lots along University Blvd. and on Central Ave. within a walking distance to the campus.
- Do not park on residential streets on neighborhoods close to campus. They also need a permit to park on the street that the city provides to neighborhood residents only.

Curanderismo: Traditional Medicine without Borders Summer Institute

Parking & Transportation



Parking Lot C is in front of the Anthropology Bldg. #163 (Building #11 in the map) where sessions are held. See red circle in the map above.

Curanderismo: Traditional Medicine without Borders Summer Institute

Parking & Transportation

Additional Information:

- The Albuquerque Sunport is about 7 minutes from campus. You can take a city bus (Route #50), taxi, uber, lyft from the airport to campus.
- Albuquerque City buses are referred to as ABQ RIDE and operate under the Zero Fare program. Buses are free to ride across the city. No bus pass needed.
- If you stay close to Central Ave., you can ride routes #66 and #766 which drive along Central Ave. every few minutes.
- Be aware of your surroundings and sit close to the driver.

Curanderismo: Traditional Medicine without Borders Summer Institute

Lodging

The are mutiple lodging options near campus:

- On-campus housing (dormitories) is not available during the Summer.
- Lodging is arranged by the class attendee.

We recommend staying at a hotel or Airbnb near the UNM campus. Staying on University Blvd, Lomas Ave. or Central Ave. are the most convenient locations. Some hotels offer free shuttles to the UNM campus. Please inquire about this service with the specific hotel you plan to stay.



Curanderismo: Traditional Medicine without Borders Summer Institute

Financial Aid & International Students

For Working Professionals in Albuquerque:

The City of Albuquerque: Offered by JTA, Job Training Albuquerque. To see if you qualify or to apply for JTA funding, click [here](#) or contact Allison Pendell Jones at apendelljones@cnm.edu.

Educators, Researchers, Social Workers, Health practitioners, etc.. should inquire about funding with their accrediting body, licensing entity, university, school or employer.

Eligibility criteria is determined by the provider of financial aid, not by the Curanderismo Institute.



Curanderismo: Traditional Medicine without Borders Summer Institute

Financial Aid & International Students

International Students: You should seek financial aid from your country of residence to attend this class. E.g. your school, government, or your embassy/consulate in the United States.

UNM Employees: This course is eligible for all UNM staff/faculty who receive tuition remission benefits.

Degree-seeking UNM students: You should contact the UNM Scholarship and/or Financial aid office for funding.

Students in other universities: You should contact the scholarship or financial aid office in your home institution.



Curanderismo: Traditional Medicine without Borders Summer Institute

Spring and Fall Classes

All community members can register to any of our Spring, Summer and Fall courses through UNM Continuing Education.

Spring and Fall course offerings (non-live online):

1. **Curanderismo Part 1.** The Art of Mexican Folk Healing. 16 weeks. Weekly deadlines.
2. **Curanderismo Part 2.** Global Perspectives of Traditional Healing. 16 weeks. Weekly deadlines.

Summer course offerings:

1. **Summer 2-week face-to-face:** Traditional medicine without Borders (aka Curanderismo conference)
2. **Sumer 3-week Live Online:** Traditional Medicine without Borders Online.



Curanderismo: Traditional Medicine without Borders Summer Institute

Certificate of Knowledge in Curanderismo

**Upon completion of the following 3 courses,
community members can receive a certificate of
knowledge on concepts of ancestral healing.**

1. Curanderismo Part 1: The Art of Traditional Mexican Folk Healing.
2. Curanderismo Part 2: Global Perspectives of Traditional Healing.
3. Summer Curanderismo: Traditional Medicine without Borders.

It takes 1 year to complete this program. Certificate is issued by UNM Continuing Education.

- A certificate of knowledge is evidence of learning, not skill. This is not a certification, nor a license. It is documentation of successful completion of a specific program of study.

Curanderismo: Traditional Medicine without Borders Summer Institute

About Albuquerque & New Mexico

If you would like to explore the City of Albuquerque or the State of New Mexico during your visit, you can find useful information below:

Learn about Albuquerque's iconic culture, history, cuisine, and outdoor & Summer activities.

Curanderismo: Traditional Medicine without Borders Summer Institute

About Albuquerque & New Mexico



- Visit Santa Fe
- Visit Chimayó/
Española Valley
- Visit Taos
- Visit White Sands
National Park
- Visit Carlsbad
Caverns
- Native American
Pueblos and
Fiestas

*Check their
schedule of
activities

Program Director

Curanderismo Program at the University of New Mexico



Dr. Mario Del Angel Guevara
Assistant Professor
Email: mdelangel@unm.edu



DEPARTMENT OF
CHICANA &
CHICANO STUDIES

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Support the Program

Curanderismo Program at the University of New Mexico



Donations are an important part of the Curanderismo traditional medicine program. They provide the means to, continue research in this field, the dissemination of our ancestral medicine, the development of courses and workshops open to the community, and allows the program to invite recognized healers from different parts of the world.

Consider supporting with your donation. We thank you.

For Students

Curanderismo Program at the University of New Mexico



The Curanderismo Traditional Medicine Program appreciates recommendations, suggestions, feedback and ideas for future presentation topics from all students and attendees. Student feedback allows the program to improve every year. Feedback is appreciated and implemented to the program's capabilities. The Curanderismo Program works to offer a unique learning experience that students can apply in their lives.

Send your suggestions to Curanderismo@unm.edu

For Presenters

Curanderismo Program at the University of New Mexico



The Curanderismo Traditional Medicine Program accepts requests for consideration to participate as a presenter in the Summer Institute, either online or in-person.

For further details or to inquire about availability to present, please send an email to Curanderismo@unm.edu.

Potential participants in the class can be considered for Summer Institutes in future years if there is no availability.

Requests are reviewed on an annual basis.