



UNM Curanderismo Class 2025 Offerings from the Property of Yaoxochitl

Greetings from the womb of Yaoxochitl. We await your presence to share in the following offerings in Bernalillo at 141 Cosinitas Ct. Each offering is open to 12 participants.

Workshops and Wisdom Sharing – suggested contribution \$20 – these are unheated sessions.

Monday 6/2 - 2:00-4:00 - Tour Property of Yaoxochitl – meet 12 medicinal plants, learn about the construction of the Temazcal and participate in a movement activity to honor the 7 directions. Dress comfortably.

Tuesday 6/3 – 2:00-4:00 - Wisdom from within the Womb – songs to honor the 4 directions – we will sit inside the Temazcal and learn about the 4 directions and practice songs that give recognition and honor to each.

Wednesday 6/4 – 2:00 – 4:00 - Wisdom from within the Womb – acknowledging the work of the partera (midwife) and the birthing womb.

Thursday 6/5 – 2:00 – 4:00 - Wisdom from within the Womb – releasing stagnant energy through body work and use of plants.

Temazcalli Ceremonies – suggested contribution \$30 - \$40

Tuesday 6/3 – 6:00 – 8:00ish - Honoring the duality of the east and west directions.

Wednesday 6/4 – 6:00 – 8:00ish - Traditional Oaxacan Temazcalli in Spanish

Thursday 6/5 – 6:00 – 8:00ish - Honoring the duality of the south and north directions.

Monday 6/9 – 6:00 – 8:00ish - Traditional Oaxacan Temazcalli in Spanish

Tuesday 6/10 – 6:00 – 8:00ish - Giving gratitude and grace to Coyolxauhqui and the Full Moon

Thursday 6/12 – 6:00 – 8:00ish - Traditional Oaxacan Temazcalli in Spanish

To register for any of the offerings listed please follow the steps below:

1. **Decide on the date and offering in which you wish to register.**
2. **Text Julie McGaharan with your name and what you wish to register for at the following number 505-263-3046.**
3. **Once you receive a text back acknowledging your request and that there is space available Venmo your contribution to our labor of love to confirm your space. Because there are so many requests please make sure you are going to attend as there will be no refunds but if you find someone to take your place you can work that exchange out between you and the other person. If you would rather pay cash in person let me know and you can look for me in the class but I am not always present. On your Venmo write the date and name of your chosen offering - be that the afternoon sharing of Wisdom from within the Womb or the evening Temazcalli ceremonies.**
4. **I will confirm receipt of your Venmo and please read the following regarding parking and if you are coming to an evening Temazcalli please come prepared by reading the following information completely.**

Tlazocomati – We Await Your Presence

- Come with an open mind and open heart and speak in beauty
- Come feeling healthy – virus free the way to be!
- Bring clothing to wear within the Temazcalli – bathing suit, shorts, or sarongs, etc.
- Bring a towel and water in a reusable bottle and come well hydrated.
- **Park in the lot that is at the NE corner of the court area – please do not park in any other area of the court in order to respect our neighbors. Please try to car pool as the parking lot may fill up and if so you will need to park on the street at the corner of Calle Placitas and Calle Don Pedro. Walk diagonally across the court to 141 the house with red window trim and come on in through the gate to the portal.**
- Leave no Trace – Much appreciation for remembering to take home all your items and to assist in clean up.

@Julie-McGaharan

