Ashéninka Mino

Ashéninka (Brother) Mino was born in a palm tree hut and grew up in the Ashéninka Indigenous Community in the central jungle of Perú. His first native language is Ashéninka. He comes from a family of healers. His grandfather, Sheripiari (healer, who works with Sacred Tobacco) Kentzikoari, traveled on foot and by spirit to many nearby communities to work with sick people. Mino, as a child, was learning as he sat next to and watched his grandfather. It is natural among the Ashéninka to use all the natural elements that grow around them. His parents guided Mino to continue learning the wisdom of the sacred plants that help heal through Ashéninka Traditional Healing. Mino is a teacher in Intercultural Bilingual Education and Translator for Ashéninka/Castellano, which inspired Mino in the development of primers and reading materials in the Ashéninka language. His first three working documents for reading and writing in the Ashéninka language are "Alphabet Ashéninka", "Nabireri" and "Kamaari Ipoña Ashéninka". His older sister "Sshibá", currently works as a Naturopathic Doctor, who also profoundly influenced Mino's life. Since 2009. Sheripiari Mino has continued to develop his traditional knowledge and put into practice his work for the comfort of the North American people using the infinite power of Pawa(God), Sheri(Sacred Tobacco), sacred stones, sacred fire, and sacred feathers to eliminate accumulated negative, and harmful energy which is causing disharmony for the person and their space. Ashéninka Mino currently works in Shabeta Sheri Garden, an outdoor space for emotional, physical, mental and spiritual healing. Mino works with the support of Maestra Bernadette Torres, (Herbalist, Reiki Master and Nature enthusiast). Mino has been invited to travel to Ohio, Florida, Seattle, Colorado and many cities in New Mexico to help heal people, their family, their homes and their community. Mino's vision is to continue sowing seeds and growing wholesome communities of plants and people while helping to bring balance to all the beings of Mother Earth. Mino is available for classes, presentations, individual/group healing, and Sacred Sheri ceremony.

5.8.2019