Rodney Garcia was born into a Cuban, immigrant family and grew up in Miami, Florida. Originating from the Cuban countryside, his father emphasized an appreciation for gardening and wholesome foods while his mother taught the usefulness of traditional healing and plant medicines. This early exposure formed the groundwork for a lifelong interest in the healing arts.

During his medical training at New York's Weil-Cornell Medical Center and Memorial Sloan-Kettering Cancer Center he worked as an Anesthesiologist specializing in cancer and critical care. At these medical centers he grew to appreciate the need for an integrated approach in medical practice; one where Body, Mind and Spirit are all engaged towards achieving balance and health. At Memorial Sloan-Kettering he began a fellowship where he worked on
gaining experience in Integrated Medicine and End-of-Life care. In an effort to further understand his evolving perspective of healing as a force beyond physical explanation, he attended a Shamanic initiation hosted by The Open Center in New York City. His further exploration in Sacred Traditional Medicine use among Tribal and Shamanic Cultures led to his involvement with The Multidisciplinary Association for Psychedelic Studies. These introductions into Curanderismo brought his medicine path to the place where he began to envision an amalgamation of Traditional Healing practices and Allopathic Medicine.

Rodney Garcia is an apprentice in Peruvian Curanderismo Coastal and Highland Lineages under don Oscar Miro-Quesada. In the Peruvian Amazon he apprenticed under don Enrique Lopez Fasanando, an Ayahuasca Maestro of the Shipibo Lineage
at Inkan Kena Centro Espiritual. When Rodney moved to New Mexico he was invited to participate in the Traditional Medicine without Borders Class by Cheo Torres. Through the Curanderismo Class he has been privileged to learn the Meso-American traditions under Rita Navarrete and Toñita Gonzales locally and in Mexico City. Rodney also works with the Mayan Curandera-Espiritu, Flordemayo at The Path and Seed Temple in Estancia, New Mexico with an emphasis on preserving ancient seed lineages and strengthening food sovereignty.

At present Rodney is an Anesthesiologist at Presbyterian Medical Center in Albuquerque. He co-owns Curandero Garden, his homestead where they grow organic foods and medicinal plants employing sustainable farming practices.