

## Plant Identification Card

**Common Plant Name:** \_\_\_\_\_ **Common Plant Name in Spanish:** \_\_\_\_\_

**Scientific Name:** \_\_\_\_\_ **Indigenous Name:** \_\_\_\_\_

**Date of Collection:** \_\_\_\_\_ **Best time for collection:** \_\_\_\_\_ **Type of vegetation:** \_\_\_\_\_

**Location/ Description of Terrain:** \_\_\_\_\_ **Observation of Location:** \_\_\_\_\_ **Best uses: Dry or Fresh**

**Type of Plant: Hot or Cold** **Height of Plant:** \_\_\_\_\_ **Flower:** \_\_\_\_\_

**Fruit:** \_\_\_\_\_ **Plant Properties** \_\_\_\_\_ **Parts of Plant used:** \_\_\_\_\_

**Medicinal Uses:** \_\_\_\_\_

**Preparation of plant:** \_\_\_\_\_

**Recommended time of use:** \_\_\_\_\_ **Recommended Dosage:** \_\_\_\_\_

**Contraindication & Precautions:** \_\_\_\_\_

**Person who collected Information:** \_\_\_\_\_

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