Camino de Plantas
Plant Identification Card

Common Plant Name: ___________________ Common Plant Name in Spanish: ___________________

Scientific Name: ___________________ Indigenous Name: ___________________

Date of Collection: ____________ Best time for collection: ____________ Type of vegetation: ____________

Location/ Description of Terrain: ____________ Observation of Location: ____________ Best uses: Dry or Fresh

Type of Plant: Hot or Cold Height of Plant: ____________ Flower: ____________

Fruit: ____________ Plant Properties: ____________ Parts of Plant used: ____________

Medicinal Uses: ____________

Preparation of plant: ____________

Recommended time of use: ____________ Recommended Dosage: ____________

Contraindication & Precautions: ____________

Person who collected Information: ____________
Mother Tincture:

80% Alcohol
(95% Percent alcohol)
Cana (Cane Sugar)
Everclear

20% Water

Or

100% Vodka
Vehicle:

80% Water
20% Alcohol
  (95% Percent alcohol)
  Cana (Cane Sugar)
  Everclear

Or

60% Water
40% Vodka
Micro Dose:

80% Mother Ticture

20% Vehicle