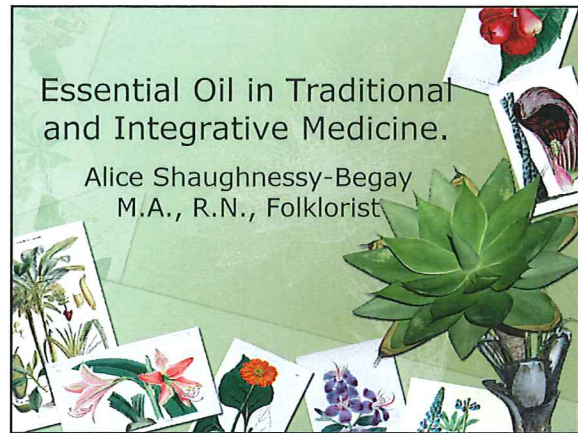




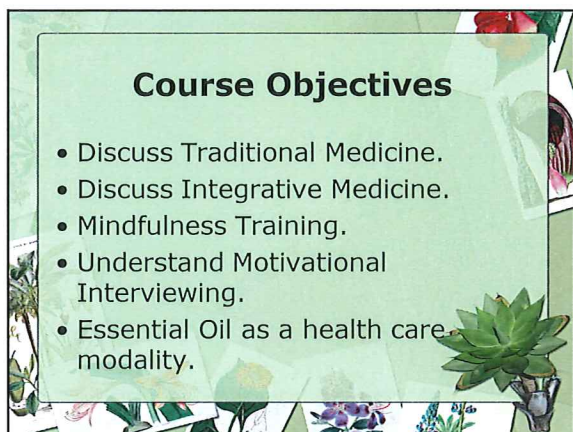
Medicine Without Borders: Curanderismo in the Southwest and Mexico

University of New Mexico
2017



Essential Oil in Traditional and Integrative Medicine.

Alice Shaughnessy-Begay
M.A., R.N., Folklorist



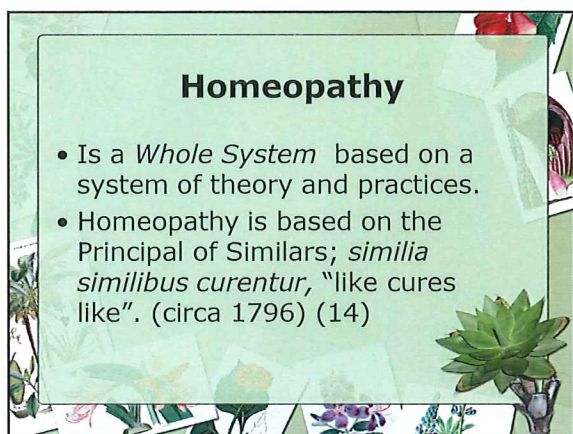
Course Objectives

- Discuss Traditional Medicine.
- Discuss Integrative Medicine.
- Mindfulness Training.
- Understand Motivational Interviewing.
- Essential Oil as a health care modality.



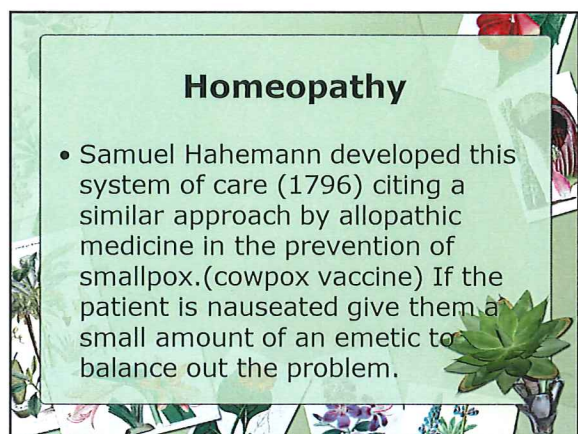
Course Objectives

- The Olfactory Factor.
- Essential Oil under the Microscope.
- *Curanderismo*: Essential Oil in the management of opioid use.
- Rules and Regulations of Essential Oil in the United States.
- Conclusion.



Homeopathy

- Is a *Whole System* based on a system of theory and practices.
- Homeopathy is based on the Principal of Similars; *similia similibus curentur*, "like cures like". (circa 1796) (14)



Homeopathy

- Samuel Hahemann developed this system of care (1796) citing a similar approach by allopathic medicine in the prevention of smallpox.(cowpox vaccine) If the patient is nauseated give them a small amount of an emetic to balance out the problem.