Traditional Medicine without Borders: Curanderismo in the Southwest & Mexico
July 16 - 27, 2018 • Mon. – Fri. • 8:10 a.m. – 12:40 p.m. • Anthropology Bldg., Rm 163, UNM-Main Campus
Class website: curanderismo.unm.edu • Facebook: facebook.com/curanderismo • Phone: (505) 277-4296
Professor: Dr. Eliseo “Cheo” Torres, cheo@unm.edu

Note: This course, and the materials provided, is designed for information purposes only. It is not meant to train, certify, and/or substitute the advice, diagnoses, and/or treatment of any medical condition. Please consider professional assistance for any personal needs.

**UNM Course listings (3 credit hours):**
Undergraduate: LLSS 493-010/LTAM 400-010/SPAN 301-003/CCS 393-009/RELG 347-001/UHON 301-001/NATV 450-004
Graduate: LLSS 593-010

**Continuing Education**
You can take the course one of two ways:
1. **Non-credit option (#04351):** Individuals are not required to submit assignments. You can attend for personal enrichment.
2. **For Continuing Education Units (CEUs, #C5975):** Individuals who would like CEUs for training or professional development can opt-in to receive credits. You must register with Continuing Education ($350) first. You will then need to speak with Natalie Brigance in order to fill out the Participant Information Form and make a payment of $100 for 4 – CEUs. Please note, you must attend and sign-in every day to earn 4 CEUs.

Note: A $50 course fee is collected when you register in order to cover some materials/guest speakers’ expenses.

**Course Description**
This course will provide information on the history, traditions, rituals, herbs, and remedies of Curanderismo, a folk healing tradition of the Southwestern United States, Latin America, and Mexico, amongst other countries. The course explores how our ancestors used traditional methods for healing, how they’ve shaped our cultural diversity of the past and today, and what the future might look like. The course features teachings from various aspects such as: intestinal blockage (empacho), spiritual cleansings (limpias), laugh therapy (risa terapia), shawl alignments (manteadas) and preparation of medicinal teas (tes medicinales).

**Objectives**
- Discuss the anthropological influences of traditional medicine from Moorish & Middle-Eastern influences, Asian hot/cold concepts, indigenous beliefs, rituals & herbal medications, to contributions from the U.S. Southwest. The class will also discuss how Curanderismo has survived and merged through the years w/Mexican, Native American & Spanish/Moorish cultures.
- Demonstrate a number of rituals throughout the years in Curanderismo and compare these rituals to allopathic medicine.
- Understand how traditional medicine has been marginalized and misunderstood by the general population as folk medicine. Research studies will prove its effectiveness and how it can be integrated into modern medicine.
- Address the diversity of traditional medicine outlining the diversity, inclusions and contributions of traditional medicine.

**Course Materials**
Information on where the purchase textbooks can be found in the class website. Check the schedule for all assigned readings.

**Required Texts:**
1. *Curanderismo: The Art of Traditional Medicine without Borders*, Eliseo Torres
2. *Curandero Traditional Healers of Mexico & the Southwest*, Eliseo Torres w/Imanol Miranda
3. *Curandero: A Life in Mexican Folk Healing*, Eliseo Torres & Tim Sawyer

**Optional texts:**
2. *Infusions of Healing*, Joie Davidow

**Optional Class Supplies:**
- Some portions of class will be outdoors. Please bring a yoga mat or beach towel during the second week.
- Amulets, sugar skulls and papel picado for *Día de los Muertos* are available at Masks y Más, 3021 Central Ave. NE.
- Herbs and tinctures can be found at:
  - **The Herb Store**
    - 107 Carlisle SE, Albuquerque, NM 87106
    - Ph: 505-255-8878
  - **Milagro Herbs**
    - 1500 5th Street, Unit #6, Santa Fe, NM 87505
    - Ph: 505-820-6321
  - **Red Root Acupuncture & Herbs**
    - 2400 Rio Grande Blvd, Albuquerque, NM 87104
    - Ph: 505-242-2032
  - **Yerbería Juarez**
    - 301 San Pedro Dr. SE, Albuquerque, NM 87108
    - Ph: 505-268-0499

Herbal tinctures can also be found at Sprouts and Whole Foods.
Updated 7-10-18

In order to receive a grade in the class, students will be responsible for the following:

1. **Daily attendance and participation are mandatory:** It is important that each student attends all sessions, unless some extraordinary circumstance arises, of which you will need to speak to Dr. Torres. Attendance is recorded through your daily reflection papers. Failure to do so, can result in a lower final grade.

2. **Daily reflection papers:** Completion and submission of daily reflection papers is *required for all UNM students* (forms and submission links available in UNM Learn). Your response should address the lecture and demonstration(s) you’ve observed. Reflections are due at the beginning of the following day’s class, no later than 8:00 a.m. Papers will *not* be accepted after this deadline. As a student, you are responsible for your grade and must communicate any discrepancies with plenty of time. Failure to submit the daily reflections will result in a zero.

3. **Final paper:** Each student is required to submit a final paper through UNM Learn by the date outlined. Your paper must include your personal impressions of the class AND the course readings. This is the space to talk about how the class affected you, if/how it changed your life, outlook, philosophy, etc. Any citations must be in APA format.
   - **For Undergraduate Students:** a minimum of 5 pages, not including the cover and references pages
   - **For Graduate Students:** a minimum of 6-7 pages, not including the cover and references pages.
   - Must be in 12 pt. font, Times New Roman, double-spaced on 1-inch margin pages
   - Must provide a *minimum of 3* specific examples from the course readings, the course activities and/or events. State how they’ve affected you (or not) by describing the course content, events, or specific readings that you are discussing. Your personal narrative should relate the concepts from the class/daily reflection papers.
   - Students enrolled in Spanish 301-010 can write their paper in Spanish.
   - **Due Date:** July 29, 2018, no later than 11:59 p.m., through UNM Learn. The final paper is worth 20 pts.

   **NOTE:** Papers received late will not be accepted and may result in a lower grade. **

4. **Grades:** The total possible points for this class is **120 points**, broken down as follows:
   1. 10 - Daily Reflection Papers worth 10 points each = **100 possible points**
   2. 1 - Final Paper worth 20 points = **20 possible points**

5. **Grading Scale:**
   - 120 – 116 = A+
   - 107 – 105 = B+
   - 95 – 93= C+
   - 83 – 81 = D+
   - 71 or below = F
   - 115 – 112 = A
   - 104 – 100 = B
   - 92 – 88 = C
   - 80 – 76 = D
   - 111 – 108 = A-
   - 99 – 96 = B-
   - 87 – 84 = C-
   - 75 – 72= D-

   *If you are taking the course through UHON 301, know that the highest grade you can obtain is an A. For more information on the standard grading system for University Honors, please contact them at 505-277-4211.

### Class Requirements – For CEU Students

In order to receive all 4 CEUs for this class, students will be responsible for the following:

1. **Signing in every day** with Natalie Brigance – she will provide a sign in form ONLY from 8:00 a.m. – 9:00 a.m. – this is mandatory so that you can receive your CEUs at the end of class.

2. **Submit Daily Reflection Papers** through email (natalieb@unm.edu) for each day of class (total: 10).

3. **Final Paper** – please see the outline and requirements for the final paper on page 2 under Class Requirements for UNM Registered Students. To submit your final paper, email it to natalieb@unm.edu.

### Other Important Information

**Special Notes:**
- Healers use copal (an aromatic tree resin) during ceremonies. If you are sensitive to this, you can observe from afar.
- Portions of the class are photographed and/or videotaped for UNM promotional materials. Each student is asked to sign a waiver on the first day of class acknowledging awareness of the possibility of appearing in photos or videos of the class. Those who do not wish be photographed or videotaped, are responsible for removing themselves from the area being photographed and/or informing the photographer.
- Each morning a food vendor will have food and drinks for sale outside of the classroom. Please purchase items before the course, during breaks, or after the course to minimize any disruptions.

**Good Citizenship:**
Respecting instructors, interpreters, and healers is required. Students should respect the instructors and healers by paying attention, refrain from socializing, and participating during lectures and demonstrations. **Please note:** The interpreters who
are working for your benefit during the class are listening and translating difficult material. We ask that you please be quiet and respectful during the interpretation process.

American Disabilities Act:
In accordance with University Policy 2310 and the American Disabilities Act (ADA), “reasonable academic accommodations may be made for any qualified student who notifies the instructor of the need for an accommodation. It is imperative that you take the initiative to bring such needs to the instructor's attention, as the instructor is not legally permitted to inquire. The student is responsible for demonstrating the need for an academic adjustment by providing Student Services with complete and appropriate current documentation that establishes the disability, and the need for and appropriateness of the requested adjustment(s). However, students with disabilities are still required to adhere to all University policies, including policies concerning conduct and performance. Students who may require assistance in emergency evacuations should contact the instructor as to the most appropriate procedures to follow”.

Contact: Accessibility Resource Center Phone: 505-277-3506 Website: http://arc.unm.edu/
UNM Accessibility Support policy statement: http://online.unm.edu/help/learn/students/accessibility-support.html

UNM Policy on Student and Visitor Behavior:
It is important for all students to be aware of conduct that will lead to disciplinary action by the University. In order to clarify the types of conduct which shall be considered to affect adversely the University’s educational function, to disrupt community living on campus, or to interfere with the rights of others to pursue their education, to conduct their University duties and responsibilities or to participate in University activities, the Board of Regents hereby adopts a Code of Conduct for students and visitors:

http://pathfinder.unm.edu/campus-policies/student-code-of-conduct.html
http://pathfinder.unm.edu/campus-policies/visitor-code-of-conduct.html

UNM Policy on Service Animals:
The Administrative Policies and Procedures Manual - Policy 2295 on Service Animals, states that “in keeping with federal and state law, the University of New Mexico recognizes its responsibilities to extend equal access to individuals with disabilities who use a Service Animal on University property. The University will not discriminate against individuals with disabilities who use Service Animals nor, subject to the terms of this Policy, deny those persons access to programs, services and facilities of the University. This policy applies to individuals with disabilities and Service Animals as defined in federal law . . . A student may bring a Service Animal into a UNM classroom, laboratory, or other learning environment. Students using Service Animals are encouraged to register with UNM Accessibility Resource Center and follow the procedures established by that office for obtaining academic adjustments.” To view the full text of the policy, visit: https://policy.unm.edu/university-policies/2000/2295.html

(Class schedule on next page)
# Class Schedule – Week 1

## Monday, July 16

### Course Readings:
1. Curanderismo: The Art of Traditional Medicine w/o Borders: Ch. 15 (pgs. 89 – 91) and Ch. 9 (pgs. 55 – 59)
2. Curandero Traditional Healers of Mexico and the Southwest: Introduction (pgs. vii – viii), Ch. 1 and 2 (pgs. 1 – 9)

**Assignment Due by 8:00 a.m. Tuesday (7/17):**
1. Daily Reflection – Day 1 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Welcome &amp; Introduction to Course</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Explanation of the Four Directions &amp; Creation of Sacred Space</td>
<td>Tonita Gonzales (ABQ)</td>
</tr>
<tr>
<td><em>9:00 a.m.</em></td>
<td>Outdoor Community Opening Ceremony - Optional</td>
<td><strong>All are invited and encouraged to bring offerings to the altar (fruit, plants, and flowers). Traditional healers will be using Copal/Sage. If you’re uncomfortable with the use of the Copal/Sage smoke, you may observe from a distance.</strong></td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Overview of Curanderismo – Herbs, Rituals, &amp; Curanderos(as)</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td><em>10:45 a.m.</em></td>
<td>History, Therapeutic, &amp; Ceremonial use of the Temazcal</td>
<td>Rita Navarrete (México)</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Discussion of Curanderismo Display</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
</tbody>
</table>

## Tuesday, July 17

### Course Readings:
1. Curanderismo: The Art of Traditional Medicine w/o Borders: Ch. 4 (pgs. 29 – 30) and Ch. 8.1 (pgs. 49 – 51)
2. Curandero: A Life in Mexican Folk Healing: Ch. 3 (pgs. 38 – 44)

**Assignment Due by 8:00 a.m. Wednesday (7/18):**
1. Daily Reflection – Day 2 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Welcoming a New Day with Gratitude and Love</td>
<td>Dr. Anthony Fleg (UNM)</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Maria Sabina: Mexican Curandera of the “Sacred Children”</td>
<td>Laurencio Lopez Nunez (México)</td>
</tr>
<tr>
<td><em>9:00 a.m.</em></td>
<td>Emotions: The Root of all Illness</td>
<td>Tonita Gonzales</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Juicing for Healing (Jugoterapia)</td>
<td>Rita Navarrete</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Firecupping (Ventosas)</td>
<td>Tonita Gonzales</td>
</tr>
<tr>
<td><em>11:45 a.m.</em></td>
<td>The Medicine of the Drum (Bring your own drum or rattle)</td>
<td>Elisa Lucero &amp; Kathy Vega (ABQ)</td>
</tr>
</tbody>
</table>

## Wednesday, July 18

### Course Readings:
1. Curanderismo: The Art of Traditional Medicine w/o Borders: Ch. 5.2 (pgs. 36 – 38) and Ch. 14 (pgs. 87 – 88)
2. Curandero: A Life in Mexican Folk Healing: Ch. 3 (pgs. 38 – 44)

**Assignment Due by 8:00 a.m. Thursday (7/19):**
1. Daily Reflection – Day 3 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Language, Culture, and Mental Health</td>
<td>Dr. Arlo Starr (ABQ)</td>
</tr>
<tr>
<td><em>9:00 a.m.</em></td>
<td>Ikiama Nukuri: Experiences of Traditional Midwifery in the Ecuadorian Amazon <strong>This presentation belongs to The Pachamama Alliance</strong></td>
<td>Katia Salas (Ecuador)</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Healing Modalities with Traditional Moxa and Gua Sha</td>
<td>Dr. Monica Lucero (ABQ)</td>
</tr>
<tr>
<td><em>10:45 a.m.</em></td>
<td>From Herb Walks to Tinctures – Preparation for Botanical Gardens</td>
<td>Tonita Gonzales &amp; Antonia Montoya</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Treatments for Susto (Magical Fright)/Trauma</td>
<td>Dr. Ricardo Carrillo (California) &amp; Laurencio Lopez Nunez (México)</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td><strong>Breakout Session: Siembra de Nombre – The Planting of the Name</strong></td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
</tbody>
</table>

## Thursday, July 19

### Course Readings (Optional – not required, read on your own):
1. Infusion of Healing and Healing with Herbs and Rituals

**Assignment Due by 8:00 a.m. Friday (7/20):**
1. Daily Reflection – Day 4 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Meet at Botanical Gardens Entrance Gate (entry wristbands will be available via group leader that morning)</td>
<td></td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Guided Medicinal Plan Walks and Creation of Herbal Resources (bios can be found on class website): Laurencio Lopez Nunez (Spanish speaking only), Monica Lucero, Dianne Rand, Kata Talavera, Kate Viers, Jessica Villalobos, Susan Feaveryear</td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
<tr>
<td>TBA</td>
<td>Preparation of Plants for Energetic Cleansings</td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
<td>Instructor(s)</td>
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</tr>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Living in Two Worlds: A Physician &amp; A Curandero</td>
<td>Dr. Joe Tafur (Arizona)</td>
</tr>
<tr>
<td>*9:30 a.m.</td>
<td>Curanderismo and the Use of The Sun Stone as a Guide to Healing</td>
<td>Dr. Jorge Partida (California)</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>History of and Meaning behind <em>Día de los Muertos</em></td>
<td>Dr. Anselmo Torres (Mexico)</td>
</tr>
<tr>
<td>*11:30 a.m.</td>
<td>Healing the Soul Spiritually: <em>Día de los Muertos</em> Ceremony &amp; Altar</td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
</tbody>
</table>

**Dia de los Muertos Ceremony & Class Altar**

**Date:** Friday, July 20, 2018  **Time:** 11:30 a.m.  **Location:** Anthropology Classroom

**Description:** This event is to show how Mexican, Latino, and Hispanic communities address grief through the celebration of their loved one’s life. *Items for the altar in relation to your loved ones include:* pictures, favorite foods/beverages, or flowers. Other items such as amulets, sugar skulls, and *papel picado* are available at Masks y Más (address on page 2 of syllabus).

All items **must be removed** and taken at the end of class. Any items left behind will be discarded.

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**Class Schedule – Week 2**

**Monday, July 23**

**Course Readings:**
1. Curanderismo: The Art of Traditional Medicine w/o Borders: Ch. 10.2 (pgs. 65 – 66)

**Assignment Due by 8:00 a.m. Tuesday (7/24):**
1. Daily Reflection – Day 6 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

**FINAL PAPER** link is now open for submission – it is due Sunday (7/29) no later than 11:59 p.m.

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
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<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of the Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Opening Ceremony</td>
<td><em>Danzantes Concheros, Aztec Dancers</em></td>
</tr>
<tr>
<td>*9:15 a.m.</td>
<td>Comparative Analysis of Curanderismo and Ayurveda from India</td>
<td>Dr. Eduardo Cardona-Sanclemente (California &amp; United Kingdom)</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>The Representation and Use of Cacao (Chocolate) in Ceremony</td>
<td>Mark Sciscenti (Santa Fe)</td>
</tr>
<tr>
<td>*11:15 a.m.</td>
<td>Healing the Human Organs Through Sound</td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
<tr>
<td>12:00 a.m.</td>
<td><strong>Breakout Session:</strong> Traditional Healing with Sound &amp; Dance (As One Group)</td>
<td></td>
</tr>
</tbody>
</table>

**Tuesday, July 24**

**Course Readings:**
1. Curanderismo: The Art of Trad. Med. w/o Borders: Ch. 5.1 (pgs. 34 – 36), Ch. 5.3 & 5.4 (pgs. 38 – 41), Ch. 16 (pgs. 93 – 94)
2. Curandero Traditional Healers of Mexico and the Southwest: Ch. 4 (pgs. 52 – 53)

**Assignment Due by 8:00 a.m. Wednesday (7/25):**
1. Daily Reflection – Day 7 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of the Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Mayan Healing in Guatemala</td>
<td>Doña Valentina Argueta &amp; Olga Burrero</td>
</tr>
<tr>
<td>*9:15 a.m.</td>
<td>Meso-American Tools for Spiritual Cleansings – Healing &amp; Herbs</td>
<td>Rita Navarrete &amp; Tonita Gonzales</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Oaxacan Traditional Energetic/Spiritual Cleansings (<em>Limpias</em>) – Demonstration</td>
<td>Laurencio Lopez Nunez (Mexico)</td>
</tr>
<tr>
<td>*10:45 a.m.</td>
<td>Native American Energetic Cleansings</td>
<td>Bob Vetter (New York)</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td><strong>Breakout Session:</strong> Practicing <em>Limpias</em></td>
<td>Various Instructors</td>
</tr>
</tbody>
</table>

**Wednesday, July 25**

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### Course Readings:
1. Curanderismo: The Art of Traditional Medicine w/o Borders: Ch. 3 (pgs. 17 - 27), Ch. 18 (pgs. 97 – 101)
2. Curandero Traditional Healers of Mexico and the Southwest: Ch. 4 (pgs. 35 & 54 – 55)

### Assignment Due by 8:00 a.m. Thursday (7/26):
1. Daily Reflection – Day 8 via UNM Learn (for UNM Students) or through email/physical copies (for CEU Students)
2. Using Mother Earth to Heal
3. Mayan Abdominal Massage: Winds Through the Abdomen to Create Health & Balance
4. Health Fair @ UNM Campus

#### **Health Fair, Feria de Salud**

**Time:**  
- For Students: 11:30 a.m. – 12:30 p.m.  
- Open to the public: 12:30 p.m. – 4:00 p.m.

**Location:** UNM-Main Campus, near the Duck Pond

**Demonstrations include:** Sobadas, Limpias, Reiki, Acupuncture, AcuDetox, or Herbal Consults

**Description:** This is an opportunity for you to receive a demonstration of traditional medicine from a U.S. or Mexican Curandero/a. You can observe how the curanderos practice their techniques in a natural outdoor environment. Students can sign up for 1 traditional demonstration only, during the dedicated time slot. There is a suggested donation of $15 for any demonstration stationed. These are optional and are not a requirement of the course.

You can view the New Mexico Act regarding state laws on traditional medicine practices below: [link](http://nmcaamp.org/downloads/3_HB664FINALhighlighted.pdf)

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### Thursday, July 26

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of the Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Using Mother Earth to Heal</td>
<td>Lorenzo Candelaria (ABQ)</td>
</tr>
<tr>
<td><em>9:15 a.m.</em></td>
<td>Medicinal Plants of the Southwest</td>
<td>Dr. Tomas Enos (Santa Fe)</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Mayan Abdominal Massage: Winds Through the Abdomen to Create Health &amp; Balance</td>
<td>Alex Jackson (Missouri)</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Health Fair @ UNM Campus</td>
<td></td>
</tr>
</tbody>
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### Friday, July 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:10 a.m.</td>
<td>Oral Class Reflection of the Previous Day’s Events</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Closing Ceremony</td>
<td></td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Traditional Healing without Borders Panel: Dr. Rod Garcia (Perú), Tonita Gonzales (México), Logan Sparks (Turkey), Harley-Quinn Alonzo (Guatemala)</td>
<td></td>
</tr>
<tr>
<td><em>10:15 a.m.</em></td>
<td>Cultures of Medicine: Comparison of Modern &amp; Traditional Medicine</td>
<td>Dr. Selma Sroka (Minnesota)</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Curando con nuestra musica</td>
<td>Lone Piñón</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td>Healing through Music</td>
<td>Mariachi Traditional</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Closing Comments</td>
<td>Dr. Eliseo “Cheo” Torres</td>
</tr>
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