

# Curanderismo: Traditional Medicine without Borders Summer Institute 2024



DEPARTMENT OF  
CHICANA &  
CHICANO STUDIES



[Curanderismo@unm.edu](mailto:Curanderismo@unm.edu)



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# It's not just a class. It's an experience.

This course invites instructors who are healers and health practitioners from Mexico, Central America, South America, the U.S. Southwest and the Albuquerque community to provide information on the history of Curanderismo (the art of Mexican Folk Healing) in Latin America and the United States. This course will provide information on the history, traditions, rituals, herbs, and remedies of Curanderismo, a folk healing tradition of the Southwestern United States, Latin America, and Mexico, amongst other countries. The course explores how our ancestors used traditional methods for healing, how they've shaped our cultural diversity of the past and today, current trends in traditional healing practice in the U.S. and abroad, and what the future might look like for this medicine. The course features teachings from various aspects such as: intestinal blockage (empacho), spiritual cleansings (limpias), laugh therapy (risa terapia), shawl alignments (manteadas) and preparation of medicinal teas (tes medicinales), tinctures, liniments and uses of herbal medicine. This course also explores an integrative approach to medicine and featuring demonstrations that incorporate Curanderismo with various traditional and holistic health techniques.

**Disclaimer:** This course, and the material provided, are designed for information purposes only. This class is not meant to train, certify, and/or substitute the advice, diagnoses, and/or treatment of any medical condition. Please consider professional assistance for any personal needs.

**For more information** on the class please email:  
[curanderismo@unm.edu](mailto:curanderismo@unm.edu)

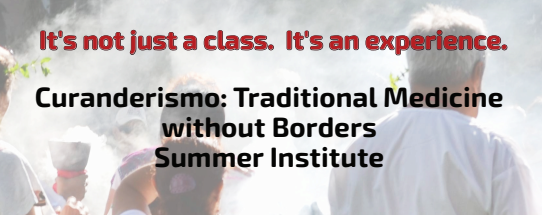
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**It's not just a class. It's an experience.**

## **Course Goals**

- 1.** Explain how to use plants as herbal medicine using food as medicine, bundles for cleansing, liniments, poultices, tinctures, and incense.
- 2.** Explore different traditional hands-on techniques and their impact on body ailments such as sobadas (loving touch) and traditional massage.
- 3.** Appraise the positive effects involved in ceremonies for honoring the directions, the elements, and the loved ones.
- 4.** Describe the therapeutic benefits of the sweat lodge temazcal for the body, the emotions and the spirit as well as the medicine of the drum and how they can transform a person's life.
- 5.** Compare different tools and culturally significant elements employed in spiritual/energetic cleansings limpieas.
- 6.** Analyze the different techniques used in Curanderismo to treat vulnerable populations: the elderly, infants, and pregnant women emphasizing physical treatments to adjust the spine and correct the baby's position in the womb.
- 7.** Appraise the Mexican tradition of Day of the Dead and its effects in honoring and healing grief caused by the passing of loved ones.

A background image showing the backs of several people wearing traditional white and purple clothing, possibly in a ceremonial or cultural setting.

**It's not just a class. It's an experience.**

## **Curanderismo: Traditional Medicine without Borders Summer Institute**

The Curanderismo Summer Institute offers two separate classes:

- **A face-to face** class is offered in the month of June. This is the only class offered in June.
- **A live online** class is offered in the month of July. This is the only class offered in July.
- There are **additional activities** on-campus and off-campus such as afternoon workshops, community events, sweat lodge experiences. These events are organized in collaboration with local practitioners. These events are not part of the Curanderismo class but additional optional activities available to the community. Workshops and events may ask for donations.

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# Curanderismo: Traditional Medicine without Borders Summer Institute

## 2-week Face-to-Face Class June 10-24, 2024

**The Curanderismo Summer Institute offers a face-to-face class in June:**

- Dates for 2024 are June 10-21 from 8:10 a.m. to 12:40 p.m. Monday through Friday.
- Sessions are held in Anthropology Building #163 (Please see Campus map. It is building #11 in the map)
- 4.5 Continuing Education Units are offered.
- Curanderos/as from over the world gather and teach us about their traditional practice and their communities.
- Register in Continuing Education. **Registration is open to the general public.**

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# Curanderismo: Traditional Medicine without Borders Summer Institute

## 3-week Live Online Class July 9-26, 2024

**The Curanderismo Summer Institute offers a live online class in July:**

- Dates for 2024 are July 9-26, 3 days a week, Tuesdays, Wednesdays and Fridays. There will be two 1-hr sessions each day. The first live session is at 10 a.m. and the second one is at 2 p.m. (Mountain time).
- Presentations include demonstrations, lectures, and questions to the curandero/as.
- Please keep in mind the difference between your local time and Mountain time where Albuquerque, New Mexico is located.
- Sessions are recorded and made available to students up to 2 weeks after the course conclusion.
- 1.8 Continuing Education Units are offered.
- Register in Continuing Education. **Registration is open to the general public.**

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# Curanderismo: Traditional Medicine without Borders Summer Institute

## Optional Afternoon Workshops & Community Events

The Curanderismo Summer Institute collaborates with local practitioners to offer additional activities for the community.

- **Afternoon Workshops.** There will be from 3-4 workshops on-campus starting at 2 p.m. most days. Most workshops are 2-3 hrs.
- **Traditional Health Fair.** There will be a traditional health fair on campus as part of the class (see schedule). Later in the day, the fair is open to all public.
- **Community Events.** There may be workshops in off-campus locations. E.g., at community centers, clinics, Native American communities, etc..
- **Sweat Lodge Ceremonies.** In the town of Bernalillo, 15 mins north of Albuquerque, there will be sweat lodges ceremonies open to the public.

Workshops and events may ask for donations.

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# **Curanderismo: Traditional Medicine without Borders Summer Institute**

## **Optional Afternoon Workshops & Community Events**

Most workshops and events require prior registration. The calendar, location, and registration instructions for activities, both on-campus and off-campus, will be posted in our website:

**[Curanderismo.unm.edu](http://Curanderismo.unm.edu)**



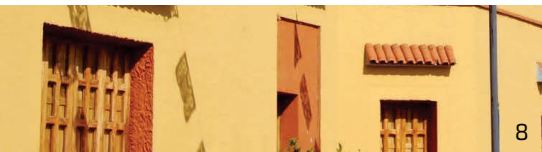
# Curanderismo: Traditional Medicine without Borders Summer Institute

## Curanderismo Study in Oaxaca May 2025

In August 2024, registration will open for the Curanderismo Immersion Program in Oaxaca, Mexico in May 2025.

This is a 9-day program in Oaxaca, Mexico. This program includes lectures, demonstrations, practice sessions, sweat lodge ceremonies and visits to curandero/a villages. This program is open to the general public on a first come first serve basis. This is a program with a 16 student capacity. For personal enrichment. No CEUs or college credit offered at the moment.

For registration or more details, send an email to: [curanderismo@unm.edu](mailto:curanderismo@unm.edu) or visit [curanderismo.unm.edu](http://curanderismo.unm.edu)



[Curanderismo@unm.edu](mailto:Curanderismo@unm.edu)



# Curanderismo: Traditional Medicine without Borders Summer Institute

## Parking & Transportation

**Parking options are available on-campus and off-campus.**

- There are no free parking options on or near the UNM campus.
- For parking lots on-campus with a letter (M, C, E, etc..) You will need a parking pass to park.

Contact the UNM Parking & Transportation services if you wish to purchase a parking pass (Purchase two 1-week passes for Parking Lot C). Mention you will be attending the Curanderismo Summer Class. Prices vary.

Phone: 505-277-1938

Email: [parktran@unm.edu](mailto:parktran@unm.edu)

# Curanderismo: Traditional Medicine without Borders Summer Institute

## Parking & Transportation

You will also be able to purchase your parking passes on the first day of classes out of the anthropology building. Keep in mind, lines are long for parking passes on the first day. You may miss the first class session.

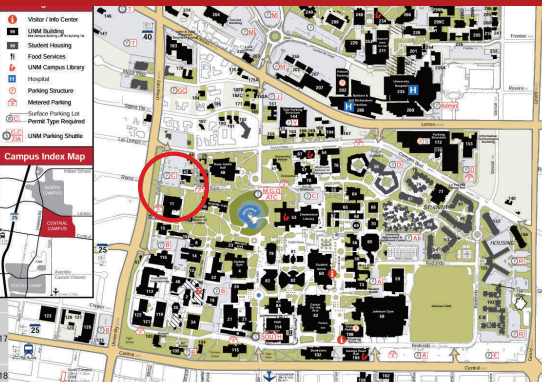
There are parking spaces available around campus that use a meter and charge an hourly rate. You can park in any of those on the first day. We recommend purchasing a pass (Lot C) since it is more affordable.

- There are multiple private parking lots along University Blvd. and on Central Ave. within a walking distance to the campus.
- Do not park on residential streets in neighborhoods close to campus. They also need a permit to park on the street that the city provides to residents only.



# Curanderismo: Traditional Medicine without Borders Summer Institute

## Parking & Transportation



Parking Lot C is in front of the Anthropology Bldg.  
#163 (Building #11 in the map) where sessions are  
held. See red circle in the map above.

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# Curanderismo: Traditional Medicine without Borders Summer Institute

## Parking & Transportation

### Additional Information:

- The Albuquerque Sunport is about 7 minutes from campus. You can take a city bus (Route #50), taxi, uber, lyft from the airport to campus.
- Albuquerque City buses are referred to as ABQ RIDE and operate under the Zero Fare program. Buses are free to ride across the city. No bus pass needed.
- If you stay close to Central Ave., you can ride routes #66 and #766 which drive along Central Ave. every few minutes.
- Be aware of your surroundings and sit close to the driver.

See all ABQ Ride routes and schedules

Access a live bus-tracking tool. Where is my bus?

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# **Curanderismo: Traditional Medicine without Borders Summer Institute**

## **Lodging**

### **The are mutiple lodging options near campus:**

- On-campus housing (dormitories) is not available during the Summer.
- Lodging is arranged by the class attendee.

We recommend staying at a hotel or Airbnb near the UNM campus. Staying on University Blvd, Lomas Ave. or Central Ave. are the most convenient locations. Some hotels offer free shuttles to the UNM campus. Please inquire about this service with the specific hotel you plan to stay.



# **Curanderismo: Traditional Medicine without Borders Summer Institute**

## **Financial Aid & International Students**

**The Curanderismo Summer Institute has partnered with different organizations to offer professional development financial aid to residents of:**

**The City of Albuquerque:** Offered by JTA, Job Training Albuquerque. To see if you qualify or to apply for JTA funding, click [here](#) or contact Allison Pendell Jones at [apendelljones@cnm.edu](mailto:apendelljones@cnm.edu).

**The State of New Mexico:** Offered by New Mexico Department of Workforce Solutions. *\*Information will be available soon.*



# Curanderismo: Traditional Medicine without Borders Summer Institute

## Financial Aid & International Students

**International Students:** To request financial aid as an international student, please send an email to [curanderismo@unm.edu](mailto:curanderismo@unm.edu). A short zoom meeting will be scheduled to determine eligibility and answer any questions. International Students can request an official letter of invite for customs and immigration purposes to travel to the United States.

**Scholarship for volunteer work:** If you are interested in taking this course for personal enrichment (no college credit), you can apply for a scholarship in exchange for volunteer work (about 15 hrs) and take the 2-week course. Send email to [curanderismo@unm.edu](mailto:curanderismo@unm.edu) if interested.

**UNM Employees:** This course is eligible for UNM staff/faculty tuition remission benefits.

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# Curanderismo: Traditional Medicine without Borders Summer Institute

## About Albuquerque & New Mexico

If you would like to explore the City of Albuquerque or the State of New Mexico during your visit, you can find useful information below:

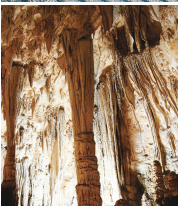
Learn about Albuquerque's iconic culture, history, cuisine, and outdoor & Summer activities.





# **Curanderismo: Traditional Medicine without Borders Summer Institute**

## **About Albuquerque & New Mexico**



- Visit Santa Fe
- Visit Taos
- Visit White Sands National Park
- Visit Carlsbad Caverns
- Native American Pueblos and Fiestas

\*Check their  
schedule of  
activities

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# Faculty

Curanderismo Program at the University of New Mexico



**Dr. Mario Del Angel-Guevara**  
**Assistant Professor**  
**Email: [mdelangel@unm.edu](mailto:mdelangel@unm.edu)**

**Dr. Eliseo "Cheo" Torres**  
**Emeritus Professor (Retired)**  
**Email: [cheo@unm.edu](mailto:cheo@unm.edu)**



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CHICANO STUDIES

**1829 Sigma Chi Rd NE**  
**Albuquerque NM 87131**  
**MSC02 1680**



# Support the Program

Curanderismo Program at the University of New Mexico



Donations are an important part of the Curanderismo traditional medicine program. They provide the means to continue research in this field, the dissemination of our ancestral medicine, the development of courses and workshops open to the community, and allows the program to invite recognized healers from different parts of the world.

**Consider supporting with your donation. We thank you.**

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# For Students

Curanderismo Program at the University of New Mexico



The Curanderismo Traditional Medicine Program appreciates recommendations, suggestions, feedback and ideas for future presentation topics from all students and attendees. Student feedback allows the program to improve every year. Feedback is appreciated and implemented to the program's capabilities. The Curanderismo Program works to offer a unique learning experience that students can apply in their lives.

Send your suggestions to [Curanderismo@unm.edu](mailto:Curanderismo@unm.edu)

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[Curanderismo@unm.edu](mailto:Curanderismo@unm.edu)



# For Presenters

Curanderismo Program at the University of New Mexico



The Curanderismo Traditional Medicine Program accepts requests for consideration to participate as a presenter in the Summer Institute, either online or in-person.

For further details or to inquire about availability to present, please send an email to [Curanderismo@unm.edu](mailto:Curanderismo@unm.edu).

Potential participants in the class can be considered for Summer Institutes in future years if there is no availability.

Requests are reviewed and the presenter is contacted if there is availability.

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[Curanderismo@unm.edu](mailto:Curanderismo@unm.edu)

